

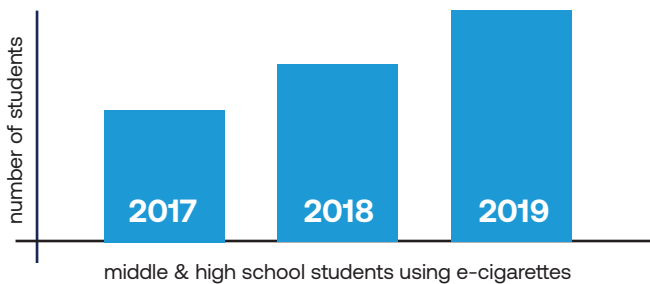


**VAPE-FREE  
SCHOOLS  
INITIATIVE**



To help schools navigate the vaping public health emergency with tools to protect and support students impacted by vaping, we invite all schools nationwide to become a recognized member of the American Lung Association Vape-Free Schools Initiative.

The number of middle and high school students using e-cigarettes further increased to 5.4 million in 2019, prompting the U.S. Surgeon General to label this behavior as an “epidemic.”



### What is a Vape-Free School Initiative Member?

Being recognized as a member of the American Lung Association Vape-Free Schools Initiative means that your school is a leader in supporting students impacted by the youth vaping epidemic, offering education, cessation and support. One or more of your school personnel has completed:

- An INDEPTH® facilitator training to offer students an educational program that is an alternative to suspension for vaping
- A N-O-T® facilitator training to offer students a vaping cessation program
- A tobacco-free school policy assessment

### School Resources

**INDEPTH®** (Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health) is a forward-thinking alternative to suspension or citation for tobacco use, including e-cigarettes, and addresses the teen vaping epidemic in a more supportive way. INDEPTH is taught by a trained adult either one-on-one or in a group setting.

**N-O-T®** (Not on Tobacco) is an interactive, in-person program that gives students the help they need to break the addiction to vaping, smoking or chewing tobacco. Designed for teens, it addresses the issues that are important to them and helps them find healthier ways of dealing with issues specific to them.

**Tobacco-Free School Policy** recognizes tobacco products, including e-cigarettes, are a health, safety and environmental hazard in schools. With a comprehensive policy in place, schools are protecting the health and safety of their students, employees and visitors.

To register or for more information about these programs, please visit [Lung.org/vape-free-schools](https://Lung.org/vape-free-schools).

