



PROGRAM SPOTLIGHT

HEALTHY FAMILIES UPPER PENINSULA

Healthy Families is a free, voluntary home visiting program providing personalized, strength based, family-focused support strengthening knowledge and skills on child development, parenting practices, and child safety.

Healthy Families also aids families in becoming connected with community resources; and support systems. All U.P. families are eligible for the program starting from pregnancy or with a child under 3 months of age and can continue receiving services through age 5.

Parent Testimonial: "I used this program when I was pregnant with my daughter up until she was 3 years old. It was such a helpful program for her and I both."
~ Ellie Derusha



CONTACT US



[www.lmasdhd.org/community
-health/healthy-families/](http://www.lmasdhd.org/community-health/healthy-families/)



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