



PROGRAM SPOTLIGHT

NATIONAL OVARIAN CANCER AWARENESS MONTH

This September, LMAS District Health Department is joining communities across Michigan in raising awareness about ovarian cancer through the Tie Michigan Teal campaign. LMAS staff will be tying teal ribbons throughout all four of our communities to help spread awareness and encourage conversations about the signs and symptoms of ovarian cancer.

Ovarian cancer is the deadliest gynecologic cancer, and there is currently no routine screening test that reliably detects it early in women without symptoms. That makes knowing the warning signs especially important.

Know the Symptoms: Bloating, abdominal or pelvic pain, difficulty eating or feeling full quickly, and urinary urgency or frequency. If symptoms are new, persistent, unusual, or occurring more frequently, talk with your healthcare provider. You know your body best!

Look for teal ribbons throughout our communities this September, and consider “TEALING” your home, workplace, or community by displaying a teal ribbon or educational materials. Together, we can increase awareness and help promote conversations that may save lives. Learn more about ovarian cancer awareness and the Tie Michigan Teal campaign at [MIOCA.org](https://www.miooca.org).



CONTACT US



lmasdhd.org/personal-family-health



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